



# St Mark's Church

## LEAMINGTON SPA

### **Worship at Home**

When it isn't possible to join with the local church, this outline is designed to help you have a short time of worship as a household or on your own. Please adapt it to suit those who are present, add anything you might usually do in church or omit anything that you are not comfortable with. If you can have a variety of voices leading, not just the oldest!

As you prepare:

- Choose a place where you can sit comfortably – it might be on the floor, round a table or even in the garden (if the weather is good enough). A rug or cushions might make it more comfortable if you are sitting on the floor.
- Agree a time to worship together. It might be first thing in the morning, before your lunchtime meal, or before bedtime begins.

- Decide who will lead – it doesn't have to be an adult or just one person. Think of ways in which the youngest can also help lead.
- Gather the things that will help create a sacred space – we suggest a cross, Bible and candle. If you do not have these as physical objects, find or draw pictures that could be used.
- Look through the service and gather any materials you might need – paper, pens, modelling dough, Lego etc.
- If you enjoy singing, decide one or two songs or hymns to song

## ***Gathering***

**Leader:** We usually go to church to worship God with God's people, but today we are being church here in this place.

**Everyone:** God is with us.

*Place the cross in the middle of your gathering.*

**Everyone:** God is with us.

*Place the Bible in the middle of your gathering.*

**Everyone:** God is with us.

*Light the candle and place it in the middle of your gathering.*

Everyone: God is with us – Father, Son and Holy Spirit.

*Sing a gathering song or hymn.*

### ***We say sorry to God***

**Leader:** Let us think about the times we forgot we are followers of Jesus. The times we were unkind or hurtful, the times we did not care for the world or other people. When we say sorry to God, God promises to forgive us.

**Leader:** We are sorry for the times when we lacked love. Lord have mercy.

**Everyone:** Lord, have mercy.

**Leader:** We are sorry for the times when our words and actions were hurtful. Christ have mercy.

**Everyone:** Christ, have mercy.

**Leader:** We are sorry when we failed to care for your world. Lord, have mercy.

Everyone: Lord, have mercy.

**Leader:** May the God of love bring us back to himself, forgive us our sins and assure us of his eternal love in Jesus Christ our Lord.

**Everyone:** Amen.

### ***The Bible Readings***

Choose a passage or story from the Bible. Read it from the Bible or a Bible story book, act it out or watch a video that tells the story. (You might want to use one of the Lectionary readings, or a favourite story, or choose one of the suggested passages.)

**Leader:** For the Word of the Lord,

**Everyone:** Thanks be to God.

### ***Responding to God's Word***

How might you think together about what you have just heard? You could: Wonder together: I wonder what was your favourite part of that passage/story? I wonder which part surprised or puzzled you? I wonder what it tells us about God? I wonder how it helps us to live as Christians?

Draw or sculpt: Use paper and pens, modelling dough, Lego or pipe cleaners to respond to the passage or story. Share with each other something about your drawing or model.

Bring something to the circle: Look around where you have gathered and find something to bring to the circle that helps you think more about what you have heard. Share why you chose that object.

### ***Prayers for Ourselves and for our World***

We intercede for others in the quiet of our hearts.  
Lord, meet us in the silence and hear our prayer.

*Pray for yourself in your isolation,  
that God would meet with you.  
Pray for others in their loneliness.  
Pray for our country.  
Pray for the world.*

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

## **Time to End**

**Leader:** May God keep us, may Christ shield us, may the Spirit bring us healing and peace. May God the Trinity keep us in light and grace today and forever.

**Everyone:** Amen.

*You might sing a song or hymn to finish*

**If you want to live out your faith in your isolation, why not telephone someone, to encourage them and let them know that they are not alone.**

*The Lord will be with you; he will not leave you or forsake you. Do not be dismayed.” (Deuteronomy 31:8b)*

## ***Worship at Home Resources and Ideas***

Ideas for confession/saying sorry

### ***Sorry Bins***

You will need paper, pens and a bin

Write or draw something you are sorry for on a piece of paper. If you don't want to write it down, just hold the paper and imagine it. Say sorry to God and ask God to forgive you. Screw the paper up and put it in the bin to show that God has forgiven you and taken your sin away.

<http://flamecreativekids.blogspot.com/2012/01/sorry-whiteboards-sorrybin.html>

### ***Sorry Boards***

You will need whiteboards (or laminated white paper), whiteboard markers, wet wipes

Write or draw on the whiteboard what you are sorry for. Ask God to forgive you. Wipe the board with a wet wipe to show that God has forgiven you and wiped the sin away. (You could also use slate and chalk.)

<http://flamecreativekids.blogspot.com/2012/01/sorry-whiteboards-sorrybin.html>

## **Sorry Stones**

You will need some heavy-ish stones, a basket, a cross

Place the stones in a basket. Say something like, 'When we do wrong things, it can feel as though we are weighed down. Take a stone from the basket. As you weigh it in your hand, think of what is weighing you. When you are ready, place the stone by the cross.' When everyone has placed their stone by the cross, use the words at Time to Say Sorry.

## ***Worship at Home Resources and Ideas***

Ideas for Bible passages

<https://lectionary.library.vanderbilt.edu/lections.php?year=A&season=Lent>

will give you the Bible readings (alongside artwork) for each week.

Or use one of these:

Psalm 23 – The Lord is my shepherd

Psalm 46:1-7 – God is our strength and refuge

Psalm 100 – Make a joyful noise to the Lord

Matthew 5:1-12 – The Beatitudes

Matthew 6:5-14 – The Lord's Prayer

Mark 1:16-20 – Jesus calls the first disciples

Mark 6:30-44 – Jesus feeds the 5000

Luke 2:41-52 – Jesus in the Temple

Luke 15:1-7 – The Lost Sheep

John 15:12-17 – A new commandment

John 20:19-23 – Jesus is alive

Galatians 5:22-26 – The fruit of the Spirit

Philippians 4:4-9 – Living the way of Jesus

## ***Worship at Home Resources and Ideas***

### *Creative Prayer Ideas*

### ***Praying With Sweets***

You will need a packet of coloured sweets e.g. M&Ms or Skittles Open the packet of sweets and take it in turns to pick one. Before you eat your sweet, say a prayer asking God to help or do something for someone or something in that category (see below).

Red: family

Purple: friends

Green: the environment/animals

Yellow: the world

Orange: school/work

(Change the colour code to fit the colours of the sweets you use.)

<https://godventure.co.uk/prayer-activities/sweets-prayer/>

### ***Playing Card Prayers***

You will need a pack of cards

Shuffle the pack of cards. Take it in turns to pick one and say a prayer:

Red number- Pray for the world

Black number- Say a thank you prayer

King- say a word that describes how great God is

Queen- pray for a girl or woman you know

Jack- pray for a boy or man you know

Ace – pray for your church

<http://flamecreativekids.blogspot.com/2013/08/playing-card-prayers.html>

## ***Pray Using Your Hand***

Thumbs up – thank God for something good

Index finger – pray for those who point the way to God

Middle finger – Pray for those who govern our country

Ring finger – pray for your family and friends

Little finger – pray for people who are ill, or anxious, or worried and need God's care

## ***Finding Worship Songs***

There are many worship songs that can be found on You Tube. Just type in your favourite song and sing along.

Alternatively use Worship CD's

Or simply make a joyful noise

## **Keep in Touch**

If you would like to speak with someone please ring the church office on 01926 421004 between 0930 and 1330 or Jo on 07981 858853 between 0900 and 1700 (or anytime in an emergency)

For further information have a look at our website  
<https://www.st-marks.net/>

or our Facebook Page

<https://www.facebook.com/StMarksLSpa/?ref=bookmarks>